



### **Y11 Exam Preparation Visit from Dr Martijn van der Spoel**

As part of our Year 11 exam preparation programme I am delighted to let you know that on Wednesday 29<sup>th</sup> September we will be working with Dr van der Spoel to help students better prepare for their upcoming Pre-Public Exams (PPES) which are scheduled to take place during the Assessment Window of 29<sup>th</sup> November to 10<sup>th</sup> December 2021. The workshops will explore how to develop more effective learning and revision strategies and will introduce them to practical ways of improving their memory. Students will be told which workshop they will be attending by their tutor.

We appreciate that students can sometimes find revision emotionally and practically challenging and are always seeking new ways to better prepare them. Many of our parents have also reported to us that they would be keen to know more about how to support their child's learning and revision outside the classroom.

Dr van der Spoel is a chartered psychologist, who specialises in using the mind as an effective tool for lifelong learning. During the day he will work with students in a dedicated session to explore how they learn to balance focus, motivation and study behaviour to achieve the best possible results.

Mrs Samantha Atkinson

Deputy Principal