

**Component 1**  
**Preparing Participants to Take Part in Sport and Physical Activity**

**Learning outcomes**

- A Explore types and provision of sport and physical activity for different types of participant
- B Examine equipment and technology required for participants to use when taking part in sport and physical activity

**Learning outcomes**

- C Be able to prepare participants to take part in sport and physical activity.
- Component 1 – Summative Assessment – February 5 hour Pearson Set Assignment**

**Component 2**  
**Taking Part and Improving Other Participants Sporting Performance**

**Learning outcomes**

- A Understand how different components of fitness are used in different physical activities
- B Be able to participate in sport and understand the roles and responsibilities of officials



**Year 10**



**Pearson BTEC Tech Award Level 2 in Sport**

**Component 3**  
**Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity**

**Learning outcomes**

- A Explore the importance of fitness for sports performance
  - B Investigate fitness testing to determine fitness levels
  - C Investigate different fitness training methods
  - D Investigate fitness programming to improve fitness and sports performance
- Component 3 - External Exam January or May**

**Component 2**  
**Taking Part and Improving Other Participants Sporting Performance**

**Learning outcomes**

- C Demonstrate ways to improve participants sporting techniques.
- Component 2 – Summative Assessment – October 4 hour Pearson Set Assignment**

**Year 11**



**Pearson BTEC Tech Award Level 2 in Sport**

**KS4-5 Physical Education**

**Skills Learnt:**

- Leadership
- Officiating
- Coaching
- Event organisation
- Teamwork
- Designing training programme
- Independent study
- Researching
- Revision skills
- Essay writing
- Analysing
- Applying for a job in sport

**Year 12**

**Unit 1**

Anatomy and Physiology



**Unit 2**

Fitness Training and Programming for Health, Sport and Well-being



**BTEC National Extended Certificate in Sport**

**BTEC National Diploma in Sport**



**Unit 1**

Anatomy and Physiology



**Unit 2**

Fitness Training and Programming for Health, Sport and Well-being



**Unit 22**

Investigating Business in Sport and the Active Leisure Industry



**Unit 25**

Rules, Regulations and Officiating in Sport

**Year 13**

**Unit 5**

Application of Fitness Testing



**Unit 3**

Professional Development in the Sports Industry



**BTEC National Extended Certificate in Sport**

**BTEC National Diploma in Sport**



**Unit 23**

Skill Acquisition in Sport



**Unit 10**

Sports Event Organisation



**Unit 5**

Application of Fitness Testing



**Unit 4**

Sports Leadership



**Unit 3**

Professional Development in the Sports Industry