

What is the **intent statement** for you subject? What does the **discipline offer** young people? What is the subject's **purpose**? This should be a short, snappy statement.



At TCS, psychological skills and concepts are taught using an applied approach. Students are taught through a range of teaching and learning strategies which encourage them to explore psychological material and apply their knowledge to issues relevant in contemporary society such as gender, aggression, consumer behaviour, stress and addiction.

Studying psychology will give students insight and understanding of the main theories within psychology which students will be encouraged to explore and evaluate. This will then be applied to novel situations. Students will learn investigation skills, and be able to plan a research study exploring a current psychological topic. Students will then be able to apply their skills in conducting their research and be able to analyse findings and reflect on the process.

Through the study of psychology, we aim to:

- Promote opportunities to 'think like a psychologist' by supporting students in understanding the research process and carrying out their own practical investigation
- Develop student's subject knowledge so they are able to understand human behaviour using different explanations
- Present opportunities to deepen their conceptual understanding through application to novel scenarios
- Expand literacy, enabling students to use psychological terminology with confidence

What are the **core aims** of the curriculum? What **key knowledge** do you want students to have at the end of their learning journey?

Year 12

Core Aims:

- Introduction of key assumptions and concepts from different psychological approaches.
- Develop an understanding of how psychological approaches can explain gender, aggression and consumer behaviour.
- Learn about the importance of research in psychology. Understanding of the types of research that takes place, the research process, methods used to test theories
- Plan and conduct a pilot study exploring a topic relevant to a psychological approach. Present the findings to an audience and reflect on feedback from others and own learning to consider implications on practice.

Key knowledge:

Unit 1 Psychological Approaches and Applications

- Key psychological approaches and their assumptions and key concepts: cognitive, social, learning and biological
- Application of psychological approaches to explaining the

Key skills:

Unit 1 Psychological Approaches and Applications

State the assumptions of the 4 approaches in psychology
Describe how the psychological approaches can explain behaviour using key terms

	<p>issue of aggression in society; the influence on consumer behaviour and application of psychology to explain gender</p> <p>Unit 2 Conducting Psychological Research</p> <ul style="list-style-type: none"> • Understand the purpose and value of research in applied psychology • Understand research methods and their importance in psychological inquiry • Plan research to investigate psychological questions • Carry out a pilot study • Review and reflect on own practice 	<p>Assess the extent to which the 4 psychological approaches can explain behaviour including gender, aggression and consumer behaviour</p> <p>Compare the different psychological approaches for how they explain behaviour</p> <p>Evaluate using strengths and weaknesses the 4 psychological approaches</p> <p>Unit 2 Conducting Psychological Research</p> <p>Describe the purpose of psychological research</p> <p>Assess the usefulness of psychological research</p> <p>Evaluate the importance of psychological inquiry</p> <p>Explain the scientific process for conducting research</p> <p>Justify their research proposal for their own pilot study</p> <p>Analyse findings from their pilot study using a range of conventional formats including graphs, tables and mathematical calculations</p> <p>Evaluate the success of their own pilot study using self and peer reflection and consider the implication for future research, personal skills and professional skills</p>
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Year 13	Core aims:	
	<ul style="list-style-type: none"> • Development of knowledge of psychological approaches from year 12 to specific areas within psychology – health (compulsory topic) and psychopathology (optional unit) • Understand how psychological approaches relate to lifestyle choices, unhealthy behaviours and behavioural change. • Explore how health psychologists can help improve health behaviours using psychological theories and physiological and behavioural treatments • Explore how psychologists can help ensure changes in health behaviour are maintained in the long term • Develop knowledge and understanding of defining psychopathology and the changing attitudes to treatments. • Understanding of characteristics of different mental health disorders and the factors that can cause mental ill health 	
	Key knowledge:	Key skills:

	<p>Unit 3 Health Psychology</p> <ul style="list-style-type: none"> • Define and understand characteristics of health, ill health, stress and addiction • Explain psychological approaches to health. Apply these approaches to stress, behaviour addiction and physiological addiction. • Understand the causes of stress, the physiological stress responses, the limitations of viewing stress as only physiological and the link between stress and physical ill health. • Understand physiological addiction with reference to smoking, alcohol, and non substance related addiction to include gambling and shopping. • Understand how psychological theories can predict behavioural change and whether they are effective. • Understand treatment and management of addiction and stress • Understand the reasons for non adherence to medical advice and ways to improve adherence. <p>Unit 6 Introduction to Psychopathology</p> <ul style="list-style-type: none"> • Understand modern and historical concepts of psychopathology in society – define psychopathology, origins of psychopathology • Examine the causes of mental disorders • Understand the types of mental disorders and characteristics of these disorders • Understand different approaches to treating mental disorders • Understand the role of mental health professionals in diagnosis and treatment of mental disorders 	<p>Unit 3 Health Psychology</p> <p>Define health, addiction and stress Explain psychological approaches to health Apply knowledge of psychological approaches to health related scenarios Assess 5 theories of stress and addiction</p> <p>Identify causes of stress and outline how they can be measured Assess the role of the workplace in stress Assess the role of personality in stress Analyse the effects of stress including the physiological response to stress and effects on physical health Apply biological, learning, and cognitive approaches to smoking, alcohol, gambling and shopping addiction Assess theories of persuasion to evaluate their effectiveness in predicting behavioural change Examine physiological and psychological treatments of stress management and addiction Assess methods to improve adherence to medical advice and explore their effectiveness</p> <p>Unit 6 Introduction to Psychopathology</p> <p>Evaluate how the concept of psychopathology has been viewed historically Explain characteristics of one mental disorder Evaluate the impact of causal factors that contribute to mental disorders Explain appropriate treatments for one form of mental disorder Evaluate the importance of the role of professionals and treatments for one mental disorder</p>
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